## Living the Book - Big Book Workshop All Are Welcome



On Every Monday March 5th 11<sup>th</sup> to April 17<sup>th</sup>
(Approximately)
6:00 to 7:30p ending with Pizza & AA Movie Lost in Woonsocket

Harbor Life Church Youth Bldg. Same location as the KISS meeting.

Look for AA Sign at the entrance and go to the building in back of the main church.

4417 56<sup>th</sup> St Gig Harbor, WA 98335

Please bring your BB, 12x12, a notebook, pens, & a friend or two ©

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Please feel free to call or email for more details

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## Living the Book BB Study Goals

The goal of this Big Book study is to promote your Spiritual Growth and Emotional Sobriety by using the BB as a text book and looking at the 12 steps. The main purpose of this BB study is for you to have a new experience with your Disease, these Steps and a <u>God of your understanding</u>. As with any study there is opportunity for those old or new in AA we can all learn from each other through our experience strength and hope.

## The objectives of this study are:

- 1. Familiarize you with the 12 Steps, 12 Traditions and 12 Concepts as they relate to your personal recovery today and they are presented in the Big Book of Alcoholics Anonymous, 12x12 and the Service Manual.
- 2. Familiarize you with the Personal Stories and learning how to use them as one of the tools towards recovery. At the end of the study each of you will choose a story that you connect to or find significant; we will share at the end of the workshop.
- 3. Familiarize you with AA history as it relates to the BB and recovery in-order to have a better understanding of how, why and when things happened on our journey.

In accordance with the 7<sup>th</sup> Tradition, there will be a collection for rent, coffee and related expenses which is, of course, voluntary.

This BB study format builds on each meeting; consistent weekly attendance is strongly encouraged for everyone's benefit.

Please bring highlighters, pen and pencils, and a note book. All other study material will be provided. The study packet is lengthy, and voluntary donations would be appreciated. All material is available in digital format.

This Workshop will maintain all the tenets of the AA program and its Steps, Traditions, and Concepts.